



WELCOME TO THE SOUTHBURY SENIOR CENTER

561 Main Street South

Southbury, CT 06488

www.southbury-ct.org/seniors



(203) 262-0651 (MAIN OFFICE)

(203) 262-0652 (Transportation Line)

(203) 262-0653 (Social Services)

Monday, Tuesday, Thursday 8am-5pm

Wednesday 8am-6pm

Friday 8am-1pm

The Southbury Senior Center is gearing up for the holiday season! We are looking forward to our annual programs: Thanksgiving Dinner, Epic Holiday Celebration, and the Holiday Cheer Program. These programs rely heavily upon the generous donations from the community. If interested in making a donation to one or more of these programs, please stop by the office to pick up a list of requested items. The kindness of neighbors and friends like you is truly the best part of the holiday season.

Regards,

Andrea

Program Signup
Procedure

Please Note: Sign up day for programs is the first business day of the month (unless stated differently) at 8:10am by PHONE ONLY. Do Not Leave a Message.

**THANK
YOU**

Thank you to all of our generous sponsors! Southbury Junioresettes who baked the delicious pumpkin bread for our Oktoberfest-so good!

Heartfelt thanks to Carolyn Dana for volunteering at the Oktoberfest! You are the BEST! We appreciate you.

Recycled Card Making with Jeanie

Nov. 2, 1pm-2pm

Give old cards a brand-new life in this creative, hands-on craft session sponsored by our member Jeanie. She's bringing everything you need — card stock, envelopes, gently used greeting cards to cut and repurpose, bits of lace, decorative trims, markers, and more. All you have to bring is your imagination.

Each participant can create up to three unique handmade cards. Whether you love crafting or just enjoy a relaxing afternoon with friends, this is a fun, low-pressure way to play with color, texture, and design.

Come snip, glue, laugh, and leave with something beautiful.

Limited to 6 members

Sign up begins on the first business day of the month at 8:10 am

Grief, Healing and the Holidays

November 4, 1:00 pm

The Holiday season can be especially difficult for those grieving the loss of a loved one. While traditions are meant to bring comfort and joy, they often stir memories and emotions that can lead to sorrow and heartache. Join us for a compassionate conversation on navigating grief during the holidays. Special guest speaker Garrett Walkup, RVNA health Spiritual Care and Bereavement Coordinator, will share insights and strategies to help you manage your emotions, find meaningful ways to honor your loved one, and care for yourself during this challenging time. Let's come together and support one another and find hope in the season.



Dear Friends,
November is here and with it the season of gratitude. We have so much to be thankful for at our wonderful center! I know I am always grateful to see your smiling faces throughout the day. We are looking forward to our FOURTH annual Thanksgiving Dinner! We are also welcoming back the Noreen Mola Jazz Quartet. Thank you to all of our volunteers and sponsors who help make this special event possible. We hope you'll join us for this beautiful tradition.

A heartfelt thank you to our Veterans for their service, and a very happy Thanksgiving to you all.

Warm Regards

Kathy



**Medicare Talk with Jeff Higenyi,
Banker's Life
Nov. 9, 2:00 pm**

Are you prepared for the sweeping Medicare changes coming in 2027? Staying informed and planning ahead can help reduce the stress and confusion that often come with healthcare decisions and rising medical costs. Join us for an educational discussion covering important topics such as changes to Medicare plans, hospital observation and discharge rules, increasing prescription drug costs, and strategies to maximize your dental and healthcare benefits. We'll also explore ways to help manage expenses, navigate eliminated plans, and answer your questions in a relaxed, informative setting. Come learn about your options and gain the confidence to make informed healthcare decisions for the year ahead.

Sign up today!



**Art Marcelynas
Bring Your Electric Bill!
Nov. 10, 2:00 PM**

What's happening with electric Supply rates? Bring a copy of your bill and find out. Global energy prices have affected CT's electricity Supply rates. For the first time in 20 years the Eversource Standard Service Supply rate is the best deal . . . at least for now. Are you paying the lowest rate? Art Marcelynas will again be at our Senior Center to explain Supply rates and can quickly review your bill to check the rate you are paying. So, bring a recent copy of your electric bill and any questions you have about electric rates, energy policies, the Eversource rate increase application or anything you'd like to ask. Art worked at PURA for 32 years and among his numerous duties was responsible for the EnergizeCT.com Rate Board. He maintained the Rate Board and regulated licensed suppliers from 2006 until he retired in 2021. He was also involved with redesigning the Eversource electric bill, conservation programs and budgets, solar incentives and much more. Please remember to bring a recent copy of your electric bill – you won't be disappointed with the information Art provides!

**Intro to Chess with Clay!
Nov. 9, 1:30pm – 2:30pm**



Are you interested in a fun game that challenges the mind? Have you ever considered playing chess but were never taught how to play? Play with Clay from **Comfort Keepers of Bethel!** He will be hosting an introduction to playing chess. Come join us for learning games, strategy, and laughs! 2nd Monday of every month unless it falls on a holiday, then it will be changed accordingly.

**You must register to attend.
Please sign up today!**



\$5 per person



Payment must be made in person at the time of sign up to secure your reservation. Lunch is served at 12pm and your place will be held until 12:15pm



(Last Day for Reservation by 11:00am the working day before**)**

This program is not a grab and go lunch. Food is to be eaten in the building.

Please remember to thank our Awesome Volunteers who serve lunch weekly.

Day/Date	Meal
Tuesday, Nov. 3rd	Shepherd's Pie with Salad
Thursday, Nov. 5th	Meatball Grinder with Chips
Tuesday, Nov. 10th	Beef Stroganoff with Green Beans
Thursday, Nov. 12th	No Lunch
Tuesday, Nov. 17th	Meatloaf with Mashed Potatoes & Veggies - Free Lunch
Thursday, Nov. 19th	Thanksgiving Dinner Celebration - Advanced Reservations Required \$10pp
Tuesday, Nov. 24th	Chicken Caesar Salad
Thursday, Nov. 26th	No Lunch - Closed for the Holiday

(THURSDAY, NOVEMBER 17TH, FREE LUNCH FOR THE 1ST 30 MEMBERS!)

You're Invited!

Beef Stroganoff Lunch - Just \$5

Nov. 10 • 12:00 PM

Come hungry and enjoy a hearty Beef Stroganoff lunch from Heritage Deli. Then sit back and enjoy a delicious dessert and live music from Patrick Kearns.

No celebration. No catch. Just good food, good company, and a little extra fun for our members!

Remember to bring your electric bill if you'd like to attend the presentation afterwards at 2:00 PM.

★ Seating is limited to 30 members, so sign up today! ★

Senior Farmers' Market Nutrition Program

For those who participated in the Senior Farmers Market Program, please return your benefit card to the Senior Center Office.



Great Courses: The American Civil War
Great Courses will not take place in
November
in observance of Veteran's Day.

We hope you'll join us in December. Sometimes we have popcorn...

NEW! 2nd Tuesday of every month!
Hand Refresh with Adriana
from River Glen

Nov. 10, 10:30am - 12:00pm

Treat yourself to a soothing 15 minute hand relaxation session featuring gentle massage and hydrating hand masks. It's a simple, comforting way to brighten your day — and yes, it feels as lovely as it sounds.

Your smile is the only fee.

Limited to 6 members.

Sign-ups open the first business day of each month at 8:10 am



Stretching for Seniors
Nov. 12, 11:30am

Come join us! Every second Thursday of the month at 11:30 am, please join a Doctor of Physical Therapy from **Connect Physical Therapy** for a guided full body stretching session. These will be seated in a chair. A floor mat can be used if capable, and modifications can be made if needed. Come gently move to start feeling better today.

Amber Hayes, PT, DPT, ITPT, CKTP
 Physical Therapist, Co-owner

Sign up begins on the first business day at 8:10 am



Paint Party with Monika!
Nov. 16, 10 am-11:30 am

Express your creativity and paint with Monika! Have some laughs and let your inner artist out to play! You'll have a lot of fun and go home with your own masterpiece too! No experience necessary.

Limited to 14 members

Sign up begins on the first business day of the month at 8:10 am



Celebrity Makeup Artist & Educator
Joby Rogers

Nov. 17, 11:00 am – 1:30 pm \$5



**Presents...TIMELESS BEAUTY,
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Your most radiant self awaits! Join us for a transformative, beauty experience designed for the woman who seeks to elevate her natural elegance! Designed specifically for mature women, this interactive workshop will help you look and feel your best. Learn simple, versatile makeup techniques, product recommendations, color and skin tone matching, proper brush use, and application tips tailored to mature skin. Enjoy hands-on demonstrations, expert guidance, and the opportunity to have your personal makeup collection evaluated. Free raffle giveaway.

Space is limited. (15) Sign up today!



Fairy Hair
Nov. 18, 3:30 – 4:30 \$5

Get your Sparkles on! Join us for a magical experience where you'll have sparkly strands called Fairy Hair added to your locks! These shimmering strands will last up to 4 weeks, even through normal washing and coloring, adding a pretty shine and fun sparkle to your hair.

Add some sparkle to your life and your hair! We had Dana bring us Fairy Hair lots of times already. We thought it would last a few weeks at most – but they seem to last longer than expected.

For just \$5, you can choose from a variety of colors and enjoy this enchanting makeover. We have space for up to 7 members, so don't miss out on this perfect pre-holidays treat!

Sign up the first business day of the month and get ready to shine!

Page Turners Nov.18 , 1:00pm-2:00pm

November's Book: *James* by Percival Everett

TA brilliant reimagining of Adventures of Huckleberry Finn—both harrowing and satirical—told from the enslaved Jim's point of view

When Jim overhears that he is about to be sold to a man in New Orleans, separated from his wife and daughter forever, he runs away until he can formulate a plan. Meanwhile, Huck has faked his own death to escape his violent father. As all readers of American literature know, thus begins the dangerous and transcendent journey by raft down the Mississippi River toward the elusive and unreliable promise of the Free States and beyond.

Brimming with nuanced humor and lacerating observations that have made Everett a literary icon, this brilliant and tender novel radically illuminates Jim's agency, intelligence, and compassion as never before. *James* is destined to be a major publishing event and a cornerstone of twenty-first-century American literature.

We meet on the second Wednesday of the month at 1 o'clock; all are welcome to attend. Books are available at the Southbury Public Library behind the front desk.

Let Us Give Thanks! Nov. 19, 12pm-2pm \$10 per person

Mark your calendar and join us on November 19 from 12:00–2:00 p.m. for a traditional sit-down Thanksgiving dinner created especially for our members. We will gather around the table to enjoy turkey, stuffing, mashed potatoes, sweet potatoes, cranberry sauce, gravy, green bean casserole, rolls and butter, and delicious pumpkin and apple pies. The beautiful sounds of the Noreen Mola Jazz Quartet will fill the room as we share good food and warm companionship with fellow members.

Please join us in giving thanks for our wonderful community, our beautiful Senior Center, and the meaningful relationships that have grown here. We are also deeply grateful to our generous sponsors, whose support helps us create such wonderful programming, and to our town officials for their continued encouragement and support. We look forward to celebrating this special season of gratitude together!



Please call to register.

Payment Due at time of registration.

Space is Limited.

Safe Banking for Seniors: Identifying and Avoiding Scams

Nov. 23, 1:15 pm

Scammers are using increasingly sophisticated tactics, including artificial intelligence, to target older adults and their finances. This informative presentation helps seniors and caregivers recognize common scam warning signs, understand how fraudsters operate, and learn practical strategies to protect personal and financial information. Participants will explore common scams, discover effective prevention techniques, and learn what steps to take if they become a victim. Attendees will also gain insight into how banks can help identify and prevent financial fraud.

Presented by Newtown Savings Bank



***Sign up begins the first business day of
the month at 8:10 am***

**We offer the following as a one-time 15 minute
consultation on the second Tuesday of the month:**

Ask the Attorney 10:00am

Ask the Senior Advocate 1:00pm

Ask the Realtor 2:15pm

Southbury Shells

Nov. 26, 10 am-11:30 am

Decorating shells is a great way to calm the mind and create something special to share with your community. Shells and supplies will be provided! No experience needed!



Limited to 15

***Sign up on the first business day
of the month at 8:10am by phone only!***

Town Clerk Fraud Alert Service

Fraud Alert allows property owners to sign up and receive email alerts whenever a document, such as a deed or mortgage, is recorded under their name in the Southbury Town Clerk's office.

Visit: <https://www.southbury-ct.org/fraud-alert-service> or call the Town Clerk's office at 203-262-0657 for more information.

The Great Holiday Gift Shuffle

Dec. 8 at 2:00 PM

Limited to 12 members



Join us for a fun and festive afternoon at our newest holiday event, The Great Holiday Gift Shuffle.

Members are encouraged to dress in casual holiday attire, including festive sweaters. Hot cocoa and cookies will be served.

To participate, please deliver a new, wrapped gift valued at \$20 to the Senior Center no later than Wednesday, December 2. If the gift is not received by that date, the participant will forfeit their spot.

How the Shuffle Works:

- Members will draw numbers to determine the order of play.
- On your turn, you may open a wrapped gift or steal any unwrapped gift from another player.
- If your gift is stolen, you may immediately steal from someone else or open a new wrapped gift.
- At the end of the game, Player 1 will have the final choice to keep their gift or swap with any opened gift.

Registration starts on the first business day of November at 8:10 AM.

Please call the Center to sign up.

NOVEMBER 2026

Creative Flair with Bethel Health Care

Nov. 30, 11:00 am

Create this decorated candle jar, just in time for Thanksgiving. No experience necessary. Danielle will supply all that's necessary to have you create your own sweet masterpiece.

Space is limited to 12 members.

Sign up begins on the first business day of the month at 8:10 am



Thanksgiving Dinner Donation Request

Our annual Thanksgiving Dinner will be held on November 19, and we are seeking donations to help make this special meal possible for the older adults we serve.

If you would like to contribute, we are currently looking for donations of:

Turkeys
Sweet potatoes
Potatoes
Pumpkin pies
Apple pies
Apple cider
Coffee
Tea
Whipped cream



Your generosity helps bring our community together for a delicious holiday meal filled with warmth, friendship, and gratitude. Every donation, large or small, is greatly appreciated.

Donations may be dropped off at the center prior to November 19. Please contact us if you would like more information or to let us know what you plan to donate. Thank you for helping us create a memorable Thanksgiving celebration for our seniors!

Most Needed Items:

Turkeys, pies, and beverages.

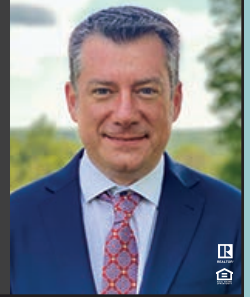
We appreciate your support! 🦃 🍁 🍂

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Southbury Senior Center, Southbury

04-0713

All closings, or class changes are shown on opposite page. Note: All members are required to register at one of our kiosks (located in front lobby and at back doors of Center), by entering their phone number and registering for each class/event they are attending and/or as a drop in if just "stopping in". All visitors are required to register at the front office. We ask that you do not pre-check in for any class or program that is taking place at a later time in the day until you are about to enter the room. This helps keep numbers for attendance of classes/programs accurate, as well as the number of people in the building at any one time.

Monday	9:00-4:00 9:30-10:30 10:45-11:45 11:00-2:00 12:15-1:00	Certified Choices Counselor (60 min. appointments) - (3rd Mon. & Wed. of each month) Aerobics Class A Zumba Mini Facials (2nd Monday in the Month) Beginner Tap Dancing
Tuesday	8:45-9:45 10:00-11:00 10:00-11:00 11:15-12:15 11:30-12:30 1:00-2:00 1:30-4:30 2:15-3:15	Fit & Flex A Class Fit & Flex B Class Ask the Attorney (15-minute one-time appointments, 2nd Tuesday of the month) Line Dancing Chair Yoga Ask the Senior Advocate (15-minute appointments, 2nd Tuesday of the month) Table Tennis Ask the Realtor (15-minute appointments, 2nd Tuesday of the month)
Wednesday	9:00-4:00 9:30-10:30 10:00-11:00 10:00-11:00 10:00-11:30 10:30-11:30 10:30-12:00 1:00-2:00 1:00-2:30 1:00-2:00 3:15-4:15	Certified Choices Counselor (60 min. appointments) - (3rd Mon. & Wed. of each month) Aerobics B Garden Club (Seasonal) Great Courses - (2nd Wednesday of the month) Southbury Shells (check newsletter for date) Tango Lessons Hair Dresser-Lucy (2nd Wed. of the month, CASH Only \$10/men, \$15/women) Bereavement Support Group (3rd Wednesday of the month) Hooks and Needles Page Turners (2nd Wed) Tai Chi
Thursday	8:45-9:45 10:00-11:00 10:30 10:30-11:00 12:30-3:30 1:00-3:15 3:00-4:00	Yoga Weight Strengthen/Tone Let's Take a Walk! Interested parties should meet at the Center to walk. Blood Pressure Screening - (2nd Thursday of the month) Mahjong Table Tennis Vitality Fitness with Karen
Friday	9:00-11:00 9:30-10:30	Game Day! (Scrabble, Rummy, Chess, Wii Bowling & Puzzles) Muscle Tone

Closings, class changes ONLY are listed below Special Programs—Call for Reservations as noted in the program descriptions



Closed November 11 Veteran's Day

Closed November 26. & 27 Thanksgiving and Black Friday

No Great Courses this month closed for Veteran's Day

Check your voicemails! Our staff may call you regarding membership, programs/events, or in case of an emergency, so we ask that you check your voicemail to be sure it is set up and available to accept calls! We do not want you to miss out on important information!

Program Registration Procedures: Telephone call requests will begin at 8:10am for program registration on the 1st business day of each month. Due to the high volume of incoming calls we ask everyone to refrain from leaving messages. If you do not speak to someone when you call, please hang up and keep calling until we answer. We may not be able to listen to the messages until well after all programs have filled and you risk being on the waitlist rather than registered for the program you are interested in. We do our very best monthly to make the registration process as easy as we can.

If the program you have registered for has a charge, your payment is due within 2 business days of registration to secure your place. After 2 business days, if you have not made your payment, your name will be removed.

No front counter reservations will be accepted until 1pm on the 1st business day of the month.

NOTICE

We are fortunate to have dedicated volunteers who generously give their time and even purchase supplies to care for our plants and enhance our shared spaces.

Please respect the time, effort, and generosity of our volunteers by leaving all supplies in place unless you have been given permission to use them.

We appreciate everyone's cooperation in maintaining a respectful and supportive environment.

Something you should know

Regular programming will be canceled when a large event is scheduled on site or off site. Always check the newsletter for any program changes.

Sign in at the kiosk for the program or class you are attending before entering the room the class or program is being held in. Please note: If the number of attendees registered does not match the number of people in the class, the class will not begin until the number matches to ensure our records reflect the correct numbers for the following reasons:

- Statistic reporting. Programming numbers are reported to the Board of Selectmen monthly in the Director's Report. In the event of an emergency: ie: fire, accident, etc.
- To be able to contact the class to locate the owner should an item be left behind, or a lost item found. Items are not held for more than 2 weeks.

If you've arrived early for your class, please enjoy a cup of coffee in the lounge on Tuesdays & Thursdays.



Please leave the room as you have found it, returning all items where they were before the class or program starts. If you need help with your chair, please ask the staff and we will be happy to assist you.

November 10, 11:15 – 5:30 \$32

Lunch at J Timothy's Taverne and a Living Tour of the Mark Twain House

A delicious Lunch at J Timothy Taverne on your own and then Enjoy a “Living History Tour” each living history tour is theatrical immersive experience that allows you to explore a slice of life in the Clemens household. Meet the family and friends who shaped Twain's life and celebrate the hardworking servants who kept the household running. Led by an actor portraying a member of the household, each tour is about 70 minutes and includes opportunities not available on a general house tour. (LIKE THE BASEMENT!)

This tour has a LOT of stairs. There are no elevators in the Mark Twain House, but it is gorgeous.
Call to sign up TODAY!



Sunday November 22 11:45 -5:45 pm \$8

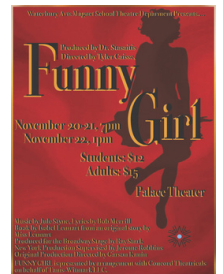
The Waterbury Arts Magnet School Proudly Presents: FUNNY GIRL!

Enjoy a nice Sunday out with a show and dinner at the lovely San Remo's restaurant!

Funny Girl is a musical inspired by the life and career of legendary performer Fanny Brice. Set in the early 1900s, the story follows Fanny as she rises from a determined young performer to a celebrated Broadway star with the Ziegfeld Follies. Along the way, she falls in love with charming gambler Nick Arnstein, but as Fanny's career soars, their relationship faces increasing challenges. The musical explores ambition, love, self-confidence, sacrifice, and the determination to follow your dreams.

The show is general admission -no assigned seating. The show starts at 1:00 pm and runs 2 hours and 25 minutes including an intermission. Then it's an early dinner at San Remo's .

Call to sign up TODAY!



Instructions when trips are offered

You may reserve 2 spots for a trip and the 2nd person must also be a member. If you need to be picked up at home, you must tell us when you make the reservation. Once you have called to request your reservation for the trip and are placed into the system, your ticket will be purchased (if applicable). You will be responsible for the payment within 2 days of reserving your spot.

****Senior Center Refund Policy - Refund Policy has been amended - Please Read****

If you have paid for a program or a trip, and must cancel, we can only issue a refund if we are able to fill your seat from the wait list. Please do not offer your ticket to a friend or family member without checking with the Senior Center first. If the trip or program is canceled by the Senior Center (inclement weather, etc.) you will automatically receive a full refund. Refunds, when given, will only be by check and may take up to three weeks to be processed.



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Southbury Senior Center, Southbury

04-0713

2027 Membership Renewal

Membership renewal for 2027 - Renewal fees are \$20 for Residents and \$30 for Non-Residents. We accept cash or checks only (payable to the Town of Southbury).

You may make your payment the following ways: Front Desk, Drop Box, or US Post Office Mail
We look forward to seeing everyone in January 2027!

This year we are asking all of our members to please complete the form below to confirm your current information and include it with your membership payment.

Please confirm your telephone numbers so we know if we are contacting you on a landline or cell phone.

Stay in the Loop with Text Alerts!

We're now using text messages to bring you instant updates on class schedules, last-minute cancellations, and important member announcements!

Make sure your cell phone number on file is up to date so you don't miss a beat.

Msg & data rates may apply. Msg frequency varies.

Southbury Senior Center Registration and/or Transportation	Veteran Yes No	Gender	Nickname
Last Name, First Name Please Print Clearly		Membership Fee: Resident \$20 / Non-Resident Fee \$30	
Address		Date of Birth	
City, State Zip		Cell Phone	
Email Address		Landline	
Emergency Contact, Relationship, Telephone No (1 Contact Required, 2nd Contact Encouraged, but optional)			

2026 HOLIDAY SCHEDULE

Veterans Day	Wednesday	November 11, 2026
Thanksgiving	Thursday Friday	November 26, 2026 November 27, 2026
Holiday	Wednesday	December 23, 2026
Floating Holiday	Thursday	December 24, 2026
Christmas	Friday	December 25, 2026

Transportation scheduling changes going into effect November 1, 2026:

Based on feedback from our recent transportation survey, we are making some scheduling adjustments to better align with member needs and help us serve our growing number of riders more efficiently. Please see the updated schedule below. Detailed brochures will be given out to riders and available upon request. If you have any questions, please contact 203-262-0652.

When scheduling a ride, please reference the chart below:

For a ride on:	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Senior Center Town Hall/Library Manic Monday Shopping Shop Rite <u>Medical:</u> Southbury Waterbury Woodbury/Middlebury	Senior Center Town Hall Library <u>Medical:</u> Southbury Danbury Newtown New Haven/ West Haven	Senior Center Town Hall Library Shop Rite Stop & Shop <u>Medical:</u> Southbury Danbury Newtown	Senior Center Town Hall Library <u>Medical:</u> Southbury Waterbury Woodbury/ Middlebury New Haven/West Haven	Senior Center/Library Post Office Pharmacies Local Shops Banks/Credit Unions Personal Care Appts. No Medical
Call by 10:00am on	Thursday	Friday	Monday	Tuesday	Wednesday

Manic Monday Shopping

- For safety reasons, riders are not permitted to wander from the destination(s) offered.
- Call the transportation office if you have store suggestions.
- Note: Large purchases are not permitted (i.e. appliances, large electronics, etc.) Riders must be able to carry purchases onto and off of the bus; drivers cannot assist.
- Repeated failures to take scheduled trips, regardless of reason, are subject for review.
- You may add 1 additional member to your reservation. You must include their full name and telephone number for their reservation to be valid.

Nov. 2nd - Quarry Walk Plaza in Oxford (Market 32, Goodwill Store) lunch at The Sitting Duck Tavern

Nov. 9th – Trader Joes & Stew Leonards in Danbury, Lunch at Rosy Tomorrow's

Nov. 16th - The Shops at Stone Bridge (Cheshire, CT) (Whole Foods, TJ Maxx & More!)

Nov. 23rd - Danbury Mall with lunch at the Cheesecake Factory

Nov. 30th – Kohls & Savers in Brookfield with Lunch at Maggie McFly's



Call (203) 262-0652 for a reservation on the bus. Manic Monday Shopping Trips cost \$5.00 per person per trip. The purchase of an In-Town Transportation Punch Card (\$10 or \$20 value) or a One Time Only \$5 Voucher in advance is necessary in order to take the trip on the reserved day.

\$15.00 Dial A Ride cards are not accepted as payment for Manic Monday Shopping Trips

Reservation Requests for Manic Monday trips must go through Transportation

Trips return by approx. 3:00pm - You will receive a call the Friday before the trip with departure time.

Manic Monday Shopping Trips are for Senior Center Members Only.

Transportation Fares

We have a Punch Card System for payment of transportation fares. Cards are available for purchase at the front desk in the following denominations:

In Town: \$10 and/or \$20 Card

Dial-A-Ride: \$15 Card

Drivers will not have cards available for purchase on the bus. If you need to have your cards mailed to you, please allow one week to receive your cards by return mail.

You may purchase cards at the Center Office or mail your order to:

**Transportation Division
Department of Senior Services
561 Main Street South
Southbury, CT 06488**

In Town Card \$10 or \$20) fees are as follows:

Senior Center No Charge

Library/Town Hall No Charge

Medical 2 Punches

Personal Care 2 Punches

Shopping/Errands 2 Punches

Out of Town Shopping Trips 5 Punches

Out of Town Medical Appointments

Dial A Ride Card (\$15) fees are as follows:

Waterbury, Middlebury, Woodbury 3 Punches Mon & Thurs

Danbury 5 Punches Tues & Wed

Newtown 3 Punches Tues & Wed

New Haven 5 Punches Tues & Thurs

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Senior Services Staff

Director of Senior Services

Andrea Corcoran
acorcoran@southbury-ct.gov

Senior Center Coordinator

Kathy Anderson
Senior2@southbury-ct.gov

Administrative Assistant

Ann Stratton
Senior3@southbury-ct.gov

Part Time Counter Clerk

Kathie Kovatch
kkovatch@southbury-ct.gov

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MEDICARE Open Enrollment Appointments

Schedule your appointment with our experienced, certified, Medicare counselor at the Southbury Senior Center. Please, call the Senior Center to make your appointment. There is no fee for this service. **Oct 15 to Dec 7, 2026 is the Annual Open Enrollment Period for reviewing and making changes to your Advantage or Prescription Drug Plan for 2027.** Act now to make a one hour appointment between 9:00am and 3:00pm, because they fill-up fast. Any and all Medicare questions will be addressed and clarified for the many Medicare insurance choices available. **Call the Center for available appointments.**